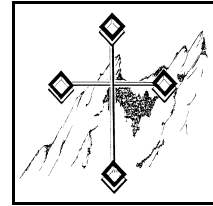


April 2008

# PARISH VISITOR



## Mount Calvary Lutheran Church

A receptive, responsive, reconciling in Christ community of faith



### A Letter from the Pastor

By Pastor Kevin J. Meyer

Greetings in the name of Christ!

As each day passes I am amazed at how children change and grow. The other day I was once again reminded of how challenging it can be to learn anything new. How do kids do it? I know that it is never easy for adults. Learning something new is more often like falling down. Someone once said of falling down that it isn't the fall that matters...it is how people pick themselves up and start again that shows character.

Mount Calvary has great character. Over the 120-year history of this community there have been many opportunities for learning! A simple example is how new hymns have been learned and some old favorites have faded away. I remember the first time I sang John Ylvisaker's *I Was There to Hear Your Morning Cry*. It probably says a lot about me, but I didn't think that it would be a church-wide hit. However, Mount Calvary knows and sings it well. It is a hit here.

Before I arrived at Mount Calvary there were some dramatic changes underway both at the congregational level and in our community. Some have very positively affected our community of faith and other fall in the "not so much" category. I sense that we may have gotten spread too thin and some relationships have frayed. With Easter coming so early this year, we have a unique opportunity to focus on our congregational *life together* before the summer travel season is upon us.

I offer you a challenge. Everyone can take part! Pick one or all of the following...or make up your own!

1. We will begin a newest member class on Wednesday, April 16. Invite anyone you know to participate. Remind them that coming to the class does not commit them to becoming a member. It gives

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them a chance to learn what membership means at Mount Calvary.

2. Commit yourself to lingering at the fellowship hour. Introduce (or reintroduce) yourself to unfamiliar faces. Make new friends in this community of faith.
3. Encourage someone you haven't seen in church for a while to check us out again.
4. Avail yourself of the chance to participate in some of the upcoming task force work. Whether it is education, Thursday evening worship, or sound technology...*this community of faith needs your expertise.*
5. Challenge yourself to participate in congregational life in one new way during the month of April.
6. Throw a party at your house and invite as many Mount Calvary folks as you can. Have fun!
7. Finally, consider even more carefully how God has blessed you and how you are sharing that blessing with others through Mount Calvary. Perhaps you have received a raise, and the percentage you have elected to return to God now seems too low. Raise it! (As a side note: We are quite a bit behind where "Go Forth Sharing" and general operational funds were expected to be at this time. If the trend continues, leadership will prioritize spending more carefully.)

Mount Calvary has been blessed to be a blessing for the sake of the Good News of the empty tomb. May we live into that promise with every word and deed.

Peace,  
Pastor Kevin



## MUSIC MINISTRIES

"It is the office of a true apostle to preach the passion and resurrection and work of Christ, and to lay down the true ground for this faith, as Christ himself says in John 15: 'You shall be my witnesses!'"

—Martin Luther

A hearty THANK YOU to all who helped brainstorm, develop, prepare, rehearse, and execute our beautiful Lenten Season, Holy Week, and Easter services! It was a spiritually and musically powerful journey together. I commend all instrumentalists, keyboardists, vocal soloists, and members of all our outstanding ensembles. Of particular note, our newly "reformed" Handbell Choir had their debut on Easter Sunday, after many weeks of preparation. It is so good to see the bells again as part of the worship experience, adding a dimension to sound that is inspired and sacred.

Gladi Lefferdink and I have been planning for the Intergenerational Choir to lead services on April 13. They will be featured singing their signature work "The Lord Never Closes His Eyes" and the lovely anthem "I Will Trust in God," with Jen Merrill on flute. The Women's Gospel Ensemble will help lead this effort, and our Festival Choir will also be featured at the 10:30 service that day with the "Canticle of Praise." The Men's Ensemble will be featured on April 20 with the joyful "Jubilate Deo!" conducted by Keith Forstrom. On the final Sunday in April, we will be thrilled to hear the stunning women's trio "Ten Thousand Angels," presented by Leslie Schumacher, Ronelle Olien, and Melissa Johnson, with me at the grand piano. These are truly moving, beautiful works to support our worship and to thank our Creator for countless blessings.

Mark your calendars NOW—the former Miss California (2006–07), beautiful Jacquelyn Fontaine, will be joining the Mount Calvary community in another portion of our Concert Series. She is a phenomenally talented soprano,

currently completing a Master of Music at USC in Los Angeles. She and I will be joined by students from Metropolitan State College in concert at Mount Calvary on FRIDAY, MAY 9, at 7:00 p.m. Then on Sunday, May 11, she will lead worship at both services, featuring the popular “Pie Jesu” of Andrew Lloyd Webber. Her warm, relaxed, powerful, and versatile voice is not to be missed! Please prepare to welcome her to our community and to attend these marvelous worshipful events.

As the quote from Martin Luther reminds us, let us continue to seek out ways to serve as apostles and witnesses to our Lord’s salvation and work in the world. Invite family, neighbors, visitors, co-workers, colleagues, and teachers to church. The preludes and opening hymns may draw them in, but it is through God’s Word and kneeling at the altar rail to receive the Eucharist that the Spirit will embrace them and lead them close to the Divine. Keep the spirit of Easter in your hearts, and share that joy with the world beyond.

In peace,  
James J. Myers

## CHURCH NEWS

### Stephen Ministry

*“Whoever serves me must follow me, and where I am, my servant also will be. My Father will honor the one who serves me.”*

—John 12:26

It is a pleasure to announce that the new Stephen Ministry class has completed their training and will be commissioned soon. They have worked hard and are now ready to be caregivers to those in the congregation who are going through difficult times. They are well prepared to join the other Stephen Ministers to be the “hands and feet of Jesus.” We covered a wide range of topics including dis-

tinctively Christian care giving, good listening skills, confidentiality, when and whom to contact if more care is needed, dealing with depression, and supervision.

Although this completes their formal training, they will continue receiving supervision and education twice a month along with the currently active Stephen Ministers.

If anyone in the congregation would like to talk with someone confidentially about an issue in their lives, please call either Jane Fisher at (303) 499-1444 or Tom Moen at (303) 423-8058.

### Join Hands Day

By Phil McLean



Join Hands Day, the annual spring cleaning of inside and outside the church, will occur on one of the first Saturdays in May. This is an opportunity to share with others and enhance the buildings and grounds for our enjoyment. As in past years, the Thrivent Flatirons Chapter will donate supplies and lunch. Last year, on the inside, we painted rooms, washed windows, changed lights, and polished brass and pews. Outside, we planted flowers and perennials, laid sod, trimmed trees, and filled a trashcan with dandelions. This year, our project list will be determined by you—the congregation. Look around: what would really make our church and grounds stand out? Several members have already indicated their desire for flowerbeds. Where should they go and with what floral varieties? Morey Bevers, Norm Pinkham, and Phil McLean will be organizing the projects and supplies. Please tell us what projects and areas need attention. Look for sign up sheets to appear soon on the sign-up table.

### Join the Property Crew

By Phil McLean

The Property Crew is looking for some additional members. We mow the lawn, care for the bushes and flowers, trim the trees, replace lights and faucets, and more. We have “virtual

meetings” and BBQs. Our crew realizes the benefits of outdoor work and recreation, smiles and sunshine, and the satisfaction of making the buildings and grounds more inviting and welcoming. Our current members include Al Altman, Al Zach, Asher Meyer, Bob Kelly, Jed Miller, John Bollinger, Morey Bevers, Norm Pinkham, Pastor Kevin, and Phil McLean. Please consider joining us! We have fun!

**Book Study**

On Monday, March 31 at noon, the Mount Calvary Book Study will review *Three Cups of Tea* by Lutheran Greg Mortensen. This is the story of Mr. Mortensen’s efforts to build schools in poor mountain communities in Afghanistan and Pakistan. Mount Calvary

has also been collecting for “Pennies for Peace,” which supports this effort. Everyone is welcome to join the group for this discussion. For information, contact Katie Harris at (303) 499-6213.

**Play Date for Mothers and Little Ones**

The Play Date group is continuing to meet the second Wednesday morning of each month from 10:30–11:30 a.m. here at church. The next meeting will be Wednesday, April 9. All parents and young children (babies to 5 years) are invited. For more information, contact Karen Wilke (303) 261-2266 or Kate Philpott (303) 554-6968. Join us for a fun and relaxing time!

**TREASURER’S REPORT**

*By Chris Johnson, Treasurer*

Through February, Mount Calvary has an operating **deficit** of \$20,556. Please see the chart below to see how we have done in the previous two years. This deficit is significantly higher than anticipated, and very different from previous years. In addition, this number is quite problematic in terms of trying to understand what, if anything, the congregation is trying to tell us. Clearly this trend needs to change.

**Short Term Line of Credit**

We have been approved by both Thrivent as well as a local bank for a short term line of credit. Council will meet to discuss which of these options suits us best.

CATEGORY	2006 Actual	2007 Actual	2008 Actual	2008 Budget	2008 Variance
Total Revenues	\$58,857	\$58,502	\$53,634	\$73,117	(\$19,483)
Expenses	\$61,763	\$61,605	\$67,924	\$78,216	(\$10,292)
Mortgage Principal Payments	\$5,500	\$5,767	\$6,266	\$6,266	\$0
Net Income (Loss)	(\$8,406)	(\$8,870)	(\$20,556)	(\$11,365)	(\$9,191)

## Boulder Cluster Women's Event

The Boulder Cluster Spring Gathering will be held on April 5, at First Lutheran Church in Longmont from 8:30 a.m. to 1:15 p.m. Terry Bowes will be the speaker. The registration fee is \$15.00. They are asking for donations of all occasion cards for the New Beginnings Prison Ministry. They will also be collecting baby items for Warm Hearts—Warm Babies. Contact Karen Martindale if you're interested. Please register by March 31.

## EFAA Food Drive

Mount Calvary will be having a food drive the first Sunday of each month. Please bring your food donations to church. Pick up an EFAA tag for needed items at the display on the sign-up table. For more information contact Mike Wood, (303) 440-7068.



## NEW ADDRESS

Barbara & Peter Swenson  
Domaine du Castel  
335 Chemine du Bouenhoure Haute  
13090 Aix-en-Provence  
France

Phone from US: 011 33 442 64 25 62

## THANK YOU

### Community Table Thanks You

On Monday, March 3, a spirited, service-minded crew of Mount Calvary members manned their stations in the Community Table kitchen to serve eighty-five guests. On the first Monday of each month, Mount Calvary is counted upon to fill the Community Table kitchen with a spirit of giving by providing a hot meal and a smile to those in need. Please join with us next month. Also please remember that donations to the Salad Jar allow Mount Calvary to provide a fresh green salad with all the fixings on our night



## April Birthdays

02	Bonnie Altman
06	Doug Reeves
07	Justin Burger
08	Whitney Jones
09	Wendell Johnson, Tari Burger
10	Rod Anderson, Clark Johnson, Maddie Reeves
11	Nathan Johnson, Elan Rubin
12	Bob Martig
14	Mackenna Johnson, Annie Sullivan, Andrew Merrill
17	Mark Buckner
19	Ariana Jouzdani
21	Bill Perry, John Friedberg
23	Fritz Satterley
25	Andrew Jacquemard
26	Mona Gillan, Al Muklebust, Julie Neal
28	Norma Schattke
29	Kristin Lavelle, David Housewright, Emma Fitzgerald
30	Andrew Bollinger

of service. Please take time to drop a few bucks into the jar when you see it next.

Thanks to the March 3 crew: John and Marilyn Thompson, Nancy Winston, Paul Ward, Chloe Boggs, Jeanne Lewis, Katie Rathburn and her grandsons Cory and Austin, Larry Danielson, Al and Bonnie Altman, Phil McLean, Lynn Bollinger, Doug Scott, and Morey Bevers.

### To PV Collators

For collating the March *Parish Visitor* newsletter, we had a small group of volunteers sign up—only Myrt Schwartz and Bill Renfer. Luckily, Asher Meyer, Beth Shannon, and Amanda Mayhew stepped in to help! Thanks to everyone.

## For Senior Potluck Lunches

By Ethel Danielson

Thank you to all who have participated and helped with the Senior Potluck Lunches this year—from the hosts and hostesses, to the birthday cake bakers, to all who brought the tasty and wonderful food. The lunches still to come before we take our summer break are:

Thursday, March 27

Thursday, April 24

Thursday, May 29 (Salad Lunch)

Thursday, June 26 (Restaurant)

Except for the restaurant lunch, we meet at noon in the Sullivan Room at church. All seniors are welcome. We hope to see you at these upcoming lunches. Come join us for fun, fellowship, and fabulous food!

## NEWS FROM THE HURUMA CENTRE MINISTRY

*News from Carl Forsberg*

### A Letter from Mama Chilewa

Dear Carl and all friends of Mount Calvary, Greetings in the Precious Name of Our Lord Jesus Christ. I am glad to inform you that the money sent to the Centre's account arrived on February 12, 2008. Equivalent Tsh, 5,489,401:84. Thanks to you and to all who accepted to sponsor our children's education, which is their only hope for brighter future. May God bless all in Jesus Name. Simon continue to grow up well has not started the ARVs but attends check ups clinic once a month. The rest are fine. The carpentry and sewing classes continue to go well. Until next time, always praying for you—

Mama Chilewa



## Huruma Centre Orphan Connection

Sponsors of a Huruma Centre orphan who wish to communicate with him or her during the year may do so by sending a letter, an e-mail, or a small gift.

The mailing address is:

Child's name

Huruma Centre

P.O. Box 511

Iringa, Tanzania, East Africa

The email address of Costancia (Mama) Chilewa, director of the centre, is: [chilecos@yahoo.com](mailto:chilecos@yahoo.com)

Mama Chilewa will interpret your letter into Swahili.

## NPI Grant News

This report is about the U.S. government NPI (New Partner Initiative) grant for hospice care in Tanzania initiated by Mount Calvary in 2006. It was written by Kristopher Hartwig in order to give Mount Calvary an update on the NPI grant.

*Approval for the grant was given/awarded December 1, 2006. We spent much of the first half of 2007 negotiating Work Plan issues and sorting through details of how employments of various palliative care teams in the hospitals would work.*

*When the dust settled, instead of the 19 hospitals we were to work with, we're down to 14. Finances and activities then began to flow from August of last year.*

*Core teams are now in place, and trained up, in our first seven hospitals. Teams consist of a full-time nurse coordinator, an assistant, a part time clinician, and a part time chaplain. This month each of the seven teams is training from 15 to 20 community volunteers. These volunteers are "service extenders" of a sort, identifying sick people, orphans, and facilitating referrals to the hospital based teams.*

*Each team has palliative care medications at the hospital (not oral morphine, but at least something for pain and any other common symptoms). Transport facilitation is done by leasing though we have eight vehicles in port being cleared now.*

*Actual services for children will be assistance for school fees, family sustenance, and some kind of bereavement support. Those should become implemented from the second half of this year.*

*Overall things go well. Six months ago I could never have imagined that we would get this far. Rather, I was quite ticked at a variety of actors in all of this, including whoever got us into this mess to begin with!*

*Next month we begin training for the second phase (second of two) of hospital teams.*

## HEALTH NEWS

### **Churches and Food Safety**

*By Linda Hultman*

A recent article in *The Lutheran* tells of a meat plant that is suing a Longville, MN church after an e. coli outbreak killed one person and sickened seventeen others in 2006. The lawsuit filed by Nebraska Beef Ltd. alleges that volunteer cooks at the church's monthly potluck were negligent in preparing meatballs made from ground beef. Three other individual lawsuits allege that Nebraska Beef, Interstate Meat Services, and Tabaka's Supervalu in Longville should be held responsible for the death and the illnesses of two others. *The Lutheran* also reported in 2005 that the state of Indiana passed a food sanitation law that requires nonprofits to hire certified food handlers whenever food is served. One Indiana pastor called the law "ludicrous."

The world often intrudes on the church. Several years ago, your parish nurse worked for Boulder County Health Department. I had to

give immune globulin shots (known to the public as gamma globulin) to a number of attendees at a church potluck because one of the food preparers was ill with Hepatitis A.

God will not spare us from food poisoning! Many cases of "flu" around the holidays are actually thought to be food poisoning. I remember being appalled to see, at a Christmas cookie decorating party at another church, a child lick the icing off his knife and put it back in the can! Another time, I witnessed a group of people washing dishes in cold water following a church breakfast. One person told me they had run out of hot water.

Here are some guidelines that we should all follow, in our homes and especially when we are preparing food for other people:

Keep hot foods hot and cold foods cold, below 40 degrees Fahrenheit or above 140. Foods should not be out of those ranges for more than two hours. Wash your hands with soap before starting food preparation and frequently during preparations. Keep raw foods separate from ready-to-eat foods. Cook foods to a safe temperature, usually 140–180 degrees. Refrigerate or freeze perishables within two hours of purchase or preparation. Defrost food safely, in the refrigerator, in the microwave, or in cold water. Prepare within one to two days if using the first method, immediately if using the last two methods. Discard leftovers that have been out for more than two hours. Do not prepare food if you are ill. If using reusable dishes and utensils, wash them in hot, soapy water. Heat water on the stove if necessary. Air-drying is preferable to towel drying. Supervise children when they are preparing food.

Sources: *The Lutheran*, [www.mayoclinic.com](http://www.mayoclinic.com)

### **Help Wanted!**

The *Parish Visitor* is collated the third Tuesday of every month. Please sign up to collate on the signup table or just drop by. Your help is very much appreciated.

## APRIL WORSHIP VOLUNTEER SCHEDULE

		Communion						
		Acolyte	Ushers	Altar Care	Assistants	Sound Board	Lector	Liturgist
April 6	8:00 a.m.		John Meadows Bob Martig	Ethyl Pope	Barbara Martig	Brett Woodiel	Patricia Hanson	
	10:30 a.m.		Burt Gillan John Nielsen	Helen House		Tom McAvinev	Tom Merrill	Rae Cictora
April 13	8:00 a.m.		Al Altman Roger Markham	Bonnie Altman	Carolyn Ziegler	Bob Kelly	Jean Danielson	
	10:30 a.m.		Phil McLean Jeff Strobel	June Forstrom		Kevin Martindale	Karen Nielsen	Karen McAvinev
April 20	8:00 a.m.		Larry Danielson Bradley Ziegler	JR	JR	Brett Woodiel	JR	
	10:30 a.m.		David Kirk Lance Olander	Myrt and Don Schwartz		Jeff Strobel	Karen Peterson	Leslie Schumacher
April 27	8:00 a.m.		Peter Dietze Al Zach	Diane Olson	Dinae Olson	Brett Woodiel	Reenie Travis	
	10:30 a.m.		Helen House Martha Stange	Martha Stange		Tom McAvinev	Arlene Devore	Keith Forstrom

# GET TO KNOW YOUR CHURCH



Mount Calvary Lutheran Church is a member of the Rocky Mountain  
Synod of the Evangelical Lutheran Church in America



## MOUNT CALVARY CHURCH STAFF

Senior Pastor: Kevin Meyer  
Director of Congregational Music  
Ministries: Jim Myers  
Youth Ministry Director: Vacant  
Rainbow Day Care Director: Karen  
Peterson  
Church Administrative Assistant: Jane  
Fisher  
Bookkeeper: Beth Shannon  
Sexton: Vacant  
Youth Ministry: Kelly Miller and Amanda  
Mayhew

## STAFF E-MAIL:

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[kmeyer@mountcalvary-boulder.org](mailto:kmeyer@mountcalvary-boulder.org)  
Jim Myers  
[jmyers@mountcalvary-boulder.org](mailto:jmyers@mountcalvary-boulder.org)  
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Mutual Ministry Committee  
[mutualministry@mountcalvary-boulder.org](mailto:mutualministry@mountcalvary-boulder.org)

## OFFSITE CONSULTANTS

Parish Resource Center  
(303) 756-9099/[prcco@juno.com](mailto:prcco@juno.com)

CHURCH PHONE NUMBER:  
(303) 499-1444

PASTOR KEVIN'S CELL PHONE:  
(720) 436-7975

CHURCH OFFICE HOURS:  
Monday—Thursday  
8:00 a.m. to 5:00 p.m.  
Friday 8:00 a.m. to noon

MOUNT CALVARY WEB PAGE:  
[www.mountcalvary-boulder.org](http://www.mountcalvary-boulder.org)

ROCKY MOUNTAIN SYNOD WEB PAGE:  
[www.rmselca.org](http://www.rmselca.org)

ELCA WEB PAGE:  
[www.elca.org](http://www.elca.org)

AUGSBURG FORTRESS WEB PAGE:  
[www.augsburgfortress.org](http://www.augsburgfortress.org)

*THE LUTHERAN* WEB PAGE:  
[www.thelutheran.org](http://www.thelutheran.org)

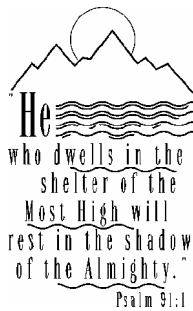
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<p>Worship Services 8:00 a.m. 10:30 a.m.</p> <p>Sunday School (during school year) 9:15 am.</p>
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<b>APRIL WORSHIP SCHEDULE</b>	
<p>Third Sunday of Easter <b>April 6</b> 8:00 a.m. Holy Communion 9:15 a.m. Fellowship Time 9:15 a.m. Sunday Church School 9:15 a.m. Adult Forum: History of Christianity, Part 5 10:30 a.m. Holy Communion</p>	<p>Fourth Sunday of Easter <b>April 13</b> 8:00 a.m. Holy Communion 9:15 a.m. Fellowship Time 9:15 a.m. Sunday Church School 9:15 a.m. Adult Forum: History of Christianity, Part 6 10:30 a.m. Holy Communion with Baptism</p>
<p>Fifth Sunday of Easter <b>April 20</b> 8:00 a.m. Holy Communion 9:15 a.m. Fellowship Time 9:15 a.m. Sunday Church School 9:15 a.m. Adult Forum 10:30 a.m. Holy Communion</p>	<p>Sixth Sunday of Easter <b>April 27</b> 8:00 a.m. Holy Communion 9:15 a.m. Fellowship Time 9:15 a.m. Sunday Church School 9:15 a.m. Adult Forum 10:30 a.m. Holy Communion</p>